

OVERVIEW

Today, more than 62 million women in America have insurance coverage of no-cost birth control thanks to the ACA. Even if you're not on birth control yourself, someone you know likely is, whether it's your partner, relative, or friend. Birth control is an important and necessary tool to assist women with medical issues and family planning--whether to help those who want to have sex who aren't ready to start a family or who want to have sex, already have a family, but don't want to have another child. There are also many women who use birth control for health reasons other than contraception, using birth control to treat conditions ranging from endometriosis to anemia.

And yet, our right to birth control coverage is under attack. In October, President Trump's Administration proposed new rules that would let employers back out of covering free birth control in the health insurance plans they offer to employees. This means that employers would be able to force women to pay out-of-pocket to access birth control. Those on the edge of financial insecurity will have to choose between other essential monthly expenses and this necessary health cost. The administration is saying that employers' religious or moral beliefs are more important than employees' right to choose what's best for their bodies. Once again, women--the vast majority of people who use birth control--and low-income communities are under attack by the Trump administration.

We must stand up for everyone's right to use birth control, and to have it covered like any other prescription. There's no one right way to organize--there are plenty of options and this toolkit will help you choose what works best for you. If you don't know where to start, we've got you covered. Whether you have five minutes or an hour, we'll explain how you can take action to stop Trump from rolling back our right to free birth control.

GENERATION PROGRESS

5 MINUTE ACTIONS



- Share your story with the Administration
- Connect with elected officials
- Engage on social media
- Visit KeepBCFree.com to bill President Trump for your birth control
- Text 5 friends and ask them to get involved

30 MINUTE ACTIONS



- Visit your elected official's office
- Speak out in meetings, class, and more

1 HOUR+ ACTIONS



- Attend a local rally
- Write a letter to the editor

GET INFORMED

In early October, the Trump administration made two sweeping and destructive moves in their continued attack against women, families, and the LGBTQ community. After several failed attempts to repeal the Affordable Care Act (ACA), the Administration announced it would change the rules to undermine the contraceptive coverage mandate provided by the ACA. The ACA ensured that all Americans had access to copay-free birth control as part of their health plans. This provision of the ACA has given access to birth control to over 62 million women and saved women \$1.4 billion in 2013 alone.

At the same time, Attorney General Sessions issued guidance giving significant leeway to federal staff, recipients of federal grants, and government contractors to seek religious exemptions from federal laws, rules, and regulations that prevent discrimination. Under the guise of religious liberty, this new guidance will allow discrimination against members of the LGBTQ community, women, and other vulnerable groups.

The new rule eliminating the requirement that free birth control be covered as part of employee health plans alone will be a financial burden on American women, their partners, and families, by forcing them to shoulder as much as **\$1,100 more per person each year**. And the guidance from Jeff Sessions means billions of dollars of federal funds could be given to service providers and other entities that discriminate. Taken together, these actions allow for sweeping discrimination against women and the LGBTQ community.

GENERATION
PROGRESS



VOX: Notre Dame will drop birth control coverage for students, faculty, and staff

WASHINGTON POST: Lawsuit targets rollback of birth-control rule

FAST FACTS

62.4 million women have coverage of free birth control under the ACA.



99% of sexually active women have used birth control at some point in their lives.

More married women (77%) than unmarried women (42%) use birth control.

Before the ACA, more than half of young women said they consistently could not afford birth control.

Nearly half of women 18-34 in households making under 75,000 say they have had to delay having children because of economic hardship.



77% of women believe birth control coverage should stay as is.

Young people's access to contraception is a key reason the teen pregnancy rate in the US declined.



75% of voters think male politicians would support copay-free birth control if they could get pregnant.

Not only women use birth control – transgender men and nonbinary people have the same right to access birth control and other reproductive health care as everyone else.



QUICK ACTIONS

- ✓ Get birth control NOW
- ✓ If uninsured, get covered at [healthcare.gov](https://www.healthcare.gov) between the open enrollment period of Nov. 1 and Dec. 15
- ✓ Attend a #HandsOffMyBC rally on Nov. 15
- ✓ Share your story before Dec. 5

RESOURCES

VIDEO: Faith and Reproductive Justice Voices on Contraception Mandate Repeal



[Contraceptive Coverage Under the Affordable Care Act](#)

[Their Baby Was Denied Access to Care Because They Are Gay](#)

[Who Seeks Religious Accommodations to Providing
Contraceptive Coverage](#)

[Religious Liberty Executive Order Licenses Discrimination](#)

[Economics of Misogyny](#)

[4 Ways to Ensure That Women of Color Can Parent with
Dignity in the Trump Era](#)